

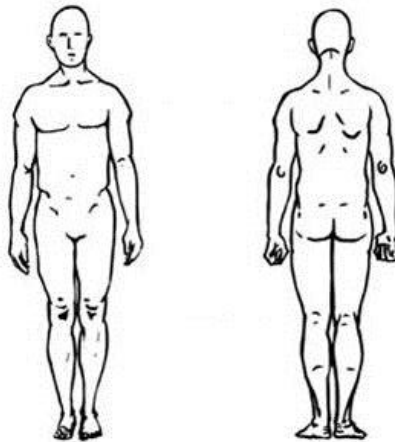
**NEW INJURY / PATIENT UPDATE**

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
DOB: \_\_\_\_\_ SSN: \_\_\_\_\_ Marital Status: M S D W  
Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Emergency Contact Name: \_\_\_\_\_ Emergency Contact Number: \_\_\_\_\_  
 I authorize Balderston Chiropractic to leave or give information to my emergency contact.  
Email Address: \_\_\_\_\_  
 I authorize Balderston Chiropractic to send me emails for reminders and informational newsletters.

**CHIEF COMPLAINT (CC)**

Purpose of this visit: \_\_\_\_\_  
How/When Symptoms Appeared: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Mark areas where you are experiencing pain with an "X."**



Serious Illnesses since last visit: \_\_\_\_\_  
Insurance Coverage: \_\_\_\_\_  
Secondary Insurance Coverage (if applicable): \_\_\_\_\_  
Any new information the doctor should know about your condition or your health in general?  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## REVIEW OF SYSTEMS (ROS)

For new patients, established patients who may be having a new problem, or our patients who we have not seen in a while, we need to update our records as to your general health. In each area, if you are not having any difficulties, please check "No Problems." If you are experiencing any of the symptoms listed, **PLEASE CIRCLE THE ONES THAT APPLY**, or explain any that may not be listed.

**Constitutional Symptoms (Health in General)**       No Problems      Lack of energy, unexplained weight gain or weight loss, loss of appetite, fever, night sweats, pain in jaws when eating, scalp tenderness, prior diagnosis of cancer.  
Other: \_\_\_\_\_

**Eyes**       No Problems      Blurred vision, crossed eyes, eye pain, discharge  
Other: \_\_\_\_\_

**Ears, Nose, Mouth & Throat**       No Problems      Difficulty with hearing, sinus problems, runny nose, post-nasal drip, ringing in ears, mouth sores, loose teeth, ear pain, nosebleeds, sore throat, facial pain or numbness.  
Other: \_\_\_\_\_

**Cardiovascular (Heart Related)**       No Problems      Irregular heartbeat, racing heart, chest pains, swelling of feet or legs, pain in legs with walking. Other: \_\_\_\_\_

**Respiratory (Lungs & Breathing)**       No Problems      Shortness of breath, night sweats, prolonged cough, wheezing, sputum production, prior tuberculosis, pleurisy, oxygen at home, coughing up blood, abnormal chest x-ray.  
Other: \_\_\_\_\_

**Gastrointestinal (Stomach & Intestines)**       No Problems      Heartburn, constipation, intolerance to certain foods, diarrhea, abdominal pain, difficulty swallowing, nausea, vomiting, blood in stools, unexplained change in bowel habits, incontinence.  
Other: \_\_\_\_\_

**Genitourinary (Reproductive Organs & Urinary)**       No Problems      Hematuria, excessive/reduced urination, kidney/bladder infections. Other: \_\_\_\_\_

**Musculoskeletal (Muscles, Bones & Joints)**       No Problems      Joint pain, aching muscles, shoulder pain, swelling of joints, joint deformities, back pain. Other: \_\_\_\_\_

**Integumentary (Skin, Hair & Breast)**       No Problems      Persistent rash, itching, new skin lesion, change in existing skin lesion, hair loss or increase, breast changes. Other: \_\_\_\_\_

**Neurologic (Brain & Nerves)**       No Problems      Frequent headaches, double vision, weakness, change in sensation, problems with walking or balance, dizziness, tremor, loss of consciousness, uncontrolled motions, episodes of visual loss.  
Other: \_\_\_\_\_

**Psychiatric (Mood & Thinking)**       No Problems      Insomnia, irritability, depression, anxiety, recurrent bad thoughts, mood swings, hallucinations, compulsions. Other: \_\_\_\_\_

**Endocrine (Glands)**       No Problems      Intolerance to heat or cold, menstrual irregularities, frequent hunger/urination/thirst, changes in sex drive. Other: \_\_\_\_\_

**Hematologic/Lymphatic (Blood/Lymph)**       No Problems      Easy bleeding, easy bruising, anemia, abnormal blood tests, leukemia, unexplained swollen areas. Other: \_\_\_\_\_

**Allergic/Immunologic**       No Problems      Seasonal allergies, hay fever symptoms, itching, frequent infections, exposure to HIV. Other: \_\_\_\_\_

I have read the above information and certify it to be true and correct to the best of my knowledge.  
  
Patient or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**FOR OFFICE USE ONLY:**  
Practitioner: \_\_\_\_\_  
Reviewed Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## HISTORY OF PRESENT ILLNESS (HPI)

**Symptom 1 (Chief Complaint):** \_\_\_\_\_

- **Quality:** Describe the quality of symptoms (circle all that apply):  

Sharp	Dull	Achy	Burning	Throbbing	Piercing	Stabbing
Deep	Nagging	Shooting	Stinging	Other: _____		
- **Severity:** On a scale from 0-10, with 10 being the worst, please circle the number that best describes the symptom most of the time:  

0	1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	---	----
- **Timing:** What percentage of the time you are awake do you experience the above symptom at the above intensity:  

0	10	20	30	40	50	60	70	80	90	100
---	----	----	----	----	----	----	----	----	----	-----
- **Duration:** When did the symptom begin? \_\_\_\_\_
- **Context:** How did the symptom begin? \_\_\_\_\_
- Did the symptom begin suddenly or gradually? (circle one)
- **Modifying Factors:** What makes the symptom better? (circle all that apply):  

Rest	ice	heat	stretching	exercise	massage	pain medication
muscle relaxers	nothing	Other (please describe) _____				
- What makes the symptom worse? (circle all that apply):  

Sleeping	Turning in bed	Dressing	Walking	Sitting	Coughing
Laying on stomach	Exercise	Pulling	Bending forward	Standing	Exercise
Laying on side	Moving Neck	Reaching	Bending backward	Laughing	Sit to stand
Laying on back	In/out of car	Stress	Computer use	Sneezing	Squatting
- **Associated Signs & Symptoms:** Does the symptom radiate to another part of your body (circle one):  

Yes	No	If yes, where does the symptom radiate? _____
-----	----	---
- Is the symptom worse at certain times of the day or night? (circle one)  

Morning	Afternoon	Evening	Night	Unaffected by time of day	Constant
---------	-----------	---------	-------	---------------------------	----------

**Symptom 2 (Secondary Complaint):** \_\_\_\_\_

- **Quality:** Describe the quality of symptoms (circle all that apply):  

Sharp	Dull	Achy	Burning	Throbbing	Piercing	Stabbing
Deep	Nagging	Shooting	Stinging	Other: _____		
- **Severity:** On a scale from 0-10, with 10 being the worst, please circle the number that best describes the symptom most of the time:  

0	1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	---	----
- **Timing:** What percentage of the time you are awake do you experience the above symptom at the above intensity:  

0	10	20	30	40	50	60	70	80	90	100
---	----	----	----	----	----	----	----	----	----	-----
- **Duration:** When did the symptom begin? \_\_\_\_\_
- **Context:** How did the symptom begin? \_\_\_\_\_
- Did the symptom begin suddenly or gradually? (circle one)
- **Modifying Factors:** What makes the symptom better? (circle all that apply):  

Rest	ice	heat	stretching	exercise	massage	pain medication
muscle relaxers	nothing	Other (please describe) _____				
- What makes the symptom worse? (circle all that apply):  

Sleeping	Turning in bed	Dressing	Walking	Sitting	Coughing
Laying on stomach	Exercise	Pulling	Bending forward	Standing	Exercise
Laying on side	Moving Neck	Reaching	Bending backward	Laughing	Sit to stand
Laying on back	In/out of car	Stress	Computer use	Sneezing	Squatting
- **Associated Signs & Symptoms:** Does the symptom radiate to another part of your body (circle one):  

Yes	No	If yes, where does the symptom radiate? _____
-----	----	---
- Is the symptom worse at certain times of the day or night? (circle one)  

Morning	Afternoon	Evening	Night	Unaffected by time of day	Constant
---------	-----------	---------	-------	---------------------------	----------

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**INFORMED CONSENT FOR CHIROPRACTIC SPINAL MANIPULATION, DIAGNOSTIC X-RAYS AND TREATMENT,  
AUTHORIZATION AND RELEASE**

I hereby request and consent to the performance of chiropractic manipulation and other chiropractic procedures, including various modes of therapy modalities (including but not limited to ultrasound, muscle stimulation, interferential, ice, heat, traction, spinal decompression, Graston soft tissue, Kinesio/Rock Tape) and diagnostic x-rays, on myself (or on the patient named below for whom I am legally responsible) by or under the orders of the licensed doctors of chiropractic of the Balderston Chiropractic or any doctor, who now or in the future, works as a relief doctor.

Initials: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

I have had the opportunity to discuss with my doctor the nature and purpose of chiropractic manipulation and other procedures and understand that spinal manipulation involves the doctor placing his or her hands on my spine and delivering a quick thrust or impulse to the involved area(s). I also understand and informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment including, but not limited to: fractures, disc injuries, strokes, dislocations, sprains, soreness, and physical therapy burns. I understand and comprehend all such risks and complications and realize that alternative to care might include self-administered over the counter analgesics and rest, medical treatment; prescription drugs, such as anti-inflammatory, muscle relaxants and pain-killers, surgery or doing nothing. I understand the risks and dangers attendant to remaining untreated; over time this may complicate treatment making it more difficult and less effective the longer treatment is postponed. I, by my signature below, confirm and accept care and therefore consent to and agree to those treatments deemed necessary by my doctor to be in my best interest. Initials: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

I authorize payment of insurance benefits directly to the Balderston Chiropractic. I understand and agree to allow this office to use my Confidential Patient Health Information forms for the purpose of treatment, payment, healthcare operations and coordination of care and authorize the Balderston Chiropractic to communicate with my medical physician(s) about my condition and treatment. I understand and agree that I am responsible for all cost of chiropractic care, regardless of insurance coverage. I also understand and agree that if I suspend or terminate my schedule of care as determined by my treating doctor, any fees for professional services will be immediately due and payable. I understand the Federal Government has deemed it mandatory to notify my doctor of any other party or insurance company who may be responsible for reimbursement for my treatment. Initials: \_\_\_\_\_

I have also read, or have had read to me the above informed consent, authorization and release. I have had an opportunity to ask any and all questions about its content, and by signing below, I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for future condition(s) for which I seek treatment in this office.

Patient Signature: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Printed Name: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**PATIENT ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES PURSUANT TO HIPAA AND  
CONSENT FOR USE OF HEALTH INFORMATION**

The undersigned does hereby acknowledge that he or she has received a copy of this office's Notice of Privacy Practices Pursuant to HIPAA and has been advised that a full copy of this office's HIPAA Compliance Manual is available upon request. The undersign does hereby consent to the use of his or her health information in a manner consistent with the Notice of Privacy Practices Pursuant to HIPAA, the HIPAA Compliance Manual, State law and Federal Law.

By \_\_\_\_\_ on \_\_\_\_\_  
Patient Signature Today's Date

If patient is a minor or under a guardianship order as defined by State law:

By \_\_\_\_\_  
Signature of Parent/Guardian (Circle One)

**FOR FEMALES ONLY**

To the best of your knowledge, are you pregnant (or do you think you could be)?

Yes \_\_\_\_\_ No \_\_\_\_\_ Possibly \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**CONSENT TO TREATMENT OF A MINOR**

I hereby authorize the doctors of Balderston Chiropractic, and/or whomever they designate as assistants, to administer treatment as deemed necessary to \_\_\_\_\_.

Signature of Parent or Legal Guardian: \_\_\_\_\_ Date \_\_\_\_\_

Relationship: \_\_\_\_\_

Witness signature: \_\_\_\_\_ Date \_\_\_\_\_

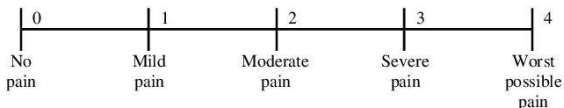
Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Functional Rating Index

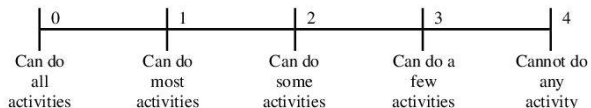
For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your **neck and/or back problems** has affected your ability to manage everyday activities. For each item below, **please circle the number which most closely describes your condition right now.**

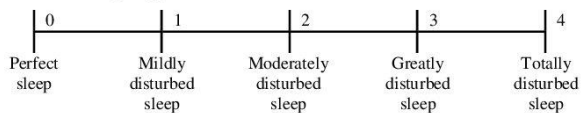
### 1. Pain Intensity



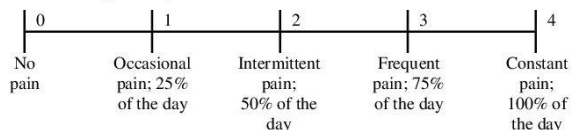
### 6. Recreation



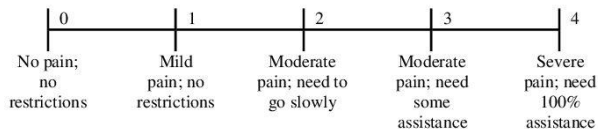
### 2. Sleeping



### 7. Frequency of Pain



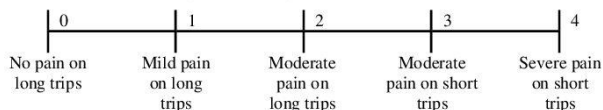
### 3. Personal Care (washing, dressing, etc.)



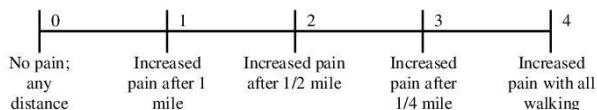
### 8. Lifting



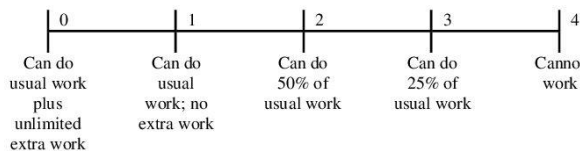
### 4. Travelling (driving, etc.)



### 9. Walking



### 5. Work



### 10. Standing



\_\_\_\_\_  
 Patient's Signature

\_\_\_\_\_  
 Date

**For Office Use Only:**

Practitioner ID#: \_\_\_\_\_  
 Total Score \_\_\_\_\_ / 40

Clinical Diagnosis Codes:

Patient ID#: \_\_\_\_\_